

<p>Tuesday</p> <p>15<sup>th</sup></p> <p>March</p> <p>2022</p>	<p><b>Can we remember the 5 key things to do that keep our minds and bodies healthy?</b></p> <p>(Connect /active /take notice/learning/giving and being kind)</p> <p>The KS2 children have done a great job setting up activities for each of these ways to wellbeing, can you remember the different tasks/ideas to help us achieve them?</p> <p><b>Connect-</b> Spot the different ways to connect with others around the school eg Sit next to someone different at lunch time</p> <p><b>Active-</b> Pick a physical activity from your class jar and do it for a quick pick me up!</p> <p><b>Kindness-</b> Take a kindness/positivity card from the office to give to a friend.</p> <p><b>Take notice-</b> Recognising different bird sounds and keep your eye out for mini tasks/posters on the play ground eg 'How many ladybirds can you spot?'</p> <p><b>Learn-</b> Learning hello in different languages, have you spotted the posters around school yet? (The digital leaders also supported the parents to learn new digital skills by programming a set of LEDs to show display a happy or a sad face when different buttons were pressed).</p> <p>Well done to everyone for your hard work on this, we really are doing our best at St Paul's to look after our mental health.</p> <p><u>Science Week</u></p> <p>This week we are celebrating science week. Imagine where we would be without Science? The theme of this year's Science Week is Growth. The aim of such science weeks is <b>to engage and inspire people of all ages with science, engineering and technology</b>. On Tuesday and Thursday we have special activities in the hall and we will be taking part in a poster competition.</p> <p><u>Playtimes</u></p> <p>Lunchtime organisers have noticed that children are STILL getting their own equipment out at lunchtime from Mrs Huck's cupboard or the break time box. Sports Leaders take their time to decide the rota each</p>
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week so please respect that and only use what is in the red box. If you want to see certain games on the pitch, make suggestions to the sports leaders who will tell Miss Fleet.

Year 3/4 Sports Leaders when KS1 are off the pitch, you need to get the KS2 red box out of the corridor and put it on the pitch. Year 5/6 Sports Leaders at the end of lunch you need to put that at the bottom of the Year 5/6 stairs.

Year 3/4 children doing the hockey tournament, this is IN school and during school time. It is against other Year 3/4 children.

Has anyone been given a certificate or a sticker by sports leaders this week? You might get one next week if you haven't!

### The Green Team say:

A message from the Green Team (Eco Committee)

You may notice that posters are going up around school encouraging children and staff to reduce their waste and litter. This is really important as we look forward to The Big School Spring Clean at the end of the month. Last week we went litter picking in the playground and were surprised at how much litter we found. Please be responsible for your own litter and waste. Do you need to throw it away or can you recycle it? If you find something on the floor what can you do with it? [What article does this link to? We have the right to a clean and safe environment \(ARTICLE 24\).](#)

Thank you everyone!