

Tuesday 24th January	<p>Can we remember the 5 key things to do that keep our minds and bodies healthy? (Connect /active /take notice/learning/giving and being kind)</p> <p>These are our 5 steps to wellbeing. What is wellbeing?</p> <p>It is important to take notice of the world around us. What have you seen recently on the news?</p> <p>What article does this link to? <i>Article 17- You have the right to access information as long as it is safe.</i> How might you access information?</p> <p><u>Eco</u></p> <p>Who is your class Eco Monitor? They should be carrying out the following tasks:</p> <ul style="list-style-type: none">• switching lights off when the room is empty• switching off ICT when not in use• looking out for litter• making sure paper is not being wasted• recycling• not wasting resources• encouraging others to look after the classroom environment <p>Is there anything else they can do? Remember you are all responsible!</p> <p>The eco committee say...Many thanks for all your excellent ideas on Litter in School, watch this space!</p> <p>5th January-21st February is the RSPB's Big School's Bird Watch. Miss Davies' class are going to be doing our schools official count. The Eco Committee are making some feeders to try and attract some more birds to our playground, please help us to look after them. If you spot some different birds let us know! The Big Garden Birdwatch at home is on until the 30th January so you can join in and count birds in your own gardens and send your count to the RSPB on their website.</p> <p><u>Rights Respecting School Award</u></p> <p>We are campaigning for Outright this year, this is to bring awareness to children's mental health. What is this?</p> <p>It is Children's Mental Health week on February 7th- 13th, have you got any ideas for activities in this week? Please pass your ideas on to Miss Gallienne!</p> <p>Rights Rangers will meet in Miss Gallienne's room today at 1.45 for 15 minutes.</p> <p>Thank you everyone!</p>
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